

NEW GROUP!

Decluttering Support Group (virtual)

Arlington Council on Aging

Mondays at 10:30-Noon starting May 17th

- Have you spent the past year looking at stuff not knowing what to do with it?
- Looking to get some non-judgmental emotional support and finally deal with the clutter?
- Need some new ideas, a jump start, motivation?
- Are you ready to live in your space the way that you really wish you could?

Join us for weekly support, along with tips, tricks, proven methods that work, and we will come up with a plan and personalized goals. We will meet virtually, until it is safe for us to be together in person. You can join by phone or tablet or computer. Must be ready to commit to at least 5 weekly meetings.

Please call Marci Shapiro Ide, LICSW, at 781-316-3419 to register.