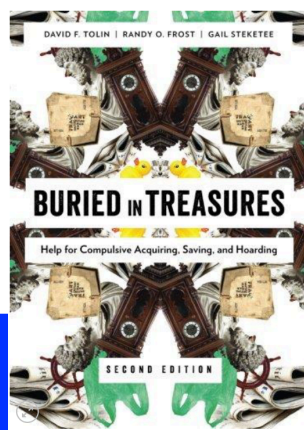


# Online Group: Kickstart Decluttering for Wellness and Home Safety

August – September 2020



Does clutter ...

Impact the safety of your home?  
Prevent you from using your space as you'd like?  
Create a stressful environment for you?

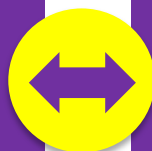
**NEW WEEKLY ONLINE GROUP**  
Starting date Tuesday, August 4th

**TUESDAYS**

6:30 p.m. – 8:00 p.m.

Online Group Meetings:

Starting Date: Tuesday, August 4th  
8 Weekly Meetings



**FORMAT:**

Join our clinician-facilitated, weekly group sessions. Participants will receive coaching and instruction including material from *Buried in Treasures*. Group members will receive a copy of the book as part of their enrollment in the program.

- Learn more about how to assess the safety of your home and manage clutter.
- Find support and motivation among others who may have similar concerns.
- Participants will receive a copy of the book, *Buried in Treasures* and other coaching-related materials to support group learning.
- Commitment to attend all sessions is requested.
- Completion of pre and post assessments of clutter by phone interview is required.
- Group is offered free of charge and open to residents of the communities of: Braintree, Cohasset, Hingham, Holbrook, Hull, Milton, Norwell, Quincy, Randolph, Scituate, and Weymouth.
- Seats are limited and pre-registration required to attend.

**For more information – or to register – visit:**  
**[www.SouthShoreCRC.org](http://www.SouthShoreCRC.org)**

Brought to you by the **Town of Scituate Hoarding Project – South Shore Clutter Reduction Collaborative** in partnership with **Boston University School of Social Work** and with generous support from **South Shore Elder Services**.