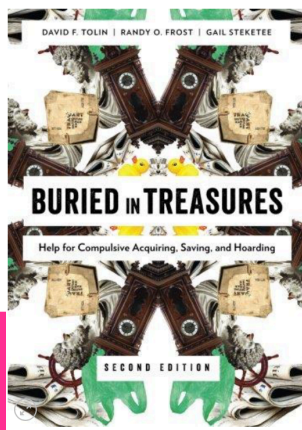


Online Clutter Reduction Coaching Group for Seniors

August – September 2020



Is Clutter ...

Taking over your home or workspace?
Creating safety problems in your home?
Affecting your life and your relationships?

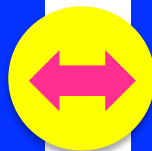
NEW WEEKLY ONLINE GROUP
Starting date Wednesday, August 5th

WEDNESDAYS

9:00 a.m. – 10:30 a.m.

Online Group Meetings:

Starting Date: Wednesday, August 5th
8 Weekly Meetings



FORMAT:

Join our clinician-facilitated, weekly group sessions. Participants will receive coaching and instruction including material from *Buried in Treasures*. Group members will receive a copy of the book as part of their enrollment in the program.

- Learn more about how to manage the problem.
- Find support and motivation among others who may have similar concerns.
- Participants will receive a copy of the book, *Buried in Treasures* and other coaching-related materials to support group learning.
- Commitment to attend all sessions is requested.
- Completion of pre and post assessments of clutter by phone interview is required.
- Group is offered free of charge and open to residents of the communities of: Braintree, Cohasset, Hingham, Holbrook, Hull, Milton, Norwell, Quincy, Randolph, Scituate, and Weymouth.
- Seats are limited and pre-registration required to attend.

For more information – or to register – visit:
www.SouthShoreCRC.org

Brought to you by the **Town of Scituate Hoarding Project – South Shore Clutter Reduction Collaborative** in partnership with **Boston University School of Social Work** and with generous support from **South Shore Elder Services**.